

iCode

"Guidelines to guard the heart of your family."

Filter Everything

Open DNS Family Shield:

www.opendns.com/home-internet-security/

Covenant Eyes:

www.covenanteyes.com

Establish Boundaries

Acceptable Contract

Hours of Operation

Acceptable Locations in the Home

Age Appropriate Activities

Secure Contracts

Standard to Live by: Proper usage, Grades, Attitudes,
Drugs, Alcohol, Porn, Curfews, Household Chores

Safe Guard Social Media

Protect Your Identity

Protect Your Reputation

Guard Your Heart

Steward Your Time

Balance Your Life

THE HEART OF A



GATHERING

TEN FACTORS THAT MAKE PORNOGRAPHY A DREAM STEALER:

1. Photographic etching in the darkroom of your mind
Psychologists tell us that pornography releases a hormone called epinephrine, which etches the pornographic picture permanently in your memory. Effects of this are significantly heightened by the combined usage of pornography and masturbation. (In Your Face - In Your Mind by S. Watters)
2. Pornography is virtual cocaine
 - a. Pornography is instantly addictive.
 - b. Pornography releases dopamine just like cocaine; a virtual high - a stimulus - an elevated pulse - and an out-of-reality experience. Dr. R. Wells of the Sexual Recovery Institute of LA says, "The internet is the crack cocaine of sexual addiction. The internet has a triple punch. It is cheap, it is easy, and it is anonymous. The internet sends pornography into hyperspace."
3. Pornography causes girls to be sex objects - pure and simple.
(No mind, no heart, no soul. Transfers to your date, your wife, your children's friends). Pornography degrades women. Pornography re-defines women.
4. Pornography diminishes sexual fulfillment in your marriage
5. Porn is counterfeit intimacy
 - a. Guys crave intimacy - that special place in your mind (heart) becomes filled with synthetic, temporary intimacy.
6. Pornography disenfranchises your wedding vows
7. Pornography escalates to higher forms of degradation
II Peter 2:19 - "A man is a slave to whatever has mastered him."
8. Pornography causes continual adultery
Matthew 5:28 - "Anyone who looks at a woman lustfully has already committed adultery with her in his heart."
9. Pornography creates a roadblock for God's richest blessings
Matthew 5:8 - "Blessed are the pure in heart for they shall see God."
10. Pornography rots your brain the way a worm rots the core of an apple.

SHOW YOURSELF A MAN!

1. Seven essential steps to break free from pornography:
 - a. See it for what it is - Satan; *John 10:10 - "The thief comes only to steal, and kill, and destroy."*
I Peter 5:8 - "Your adversary, the devil, prowls about like a roaring lion, seeking someone to devour."
2. Confess the sin Biblically
 - a. Agree with God - all porn is porn - it's sin.
 - b. Take it to the cross - take it to Jesus. Ask for and accept His forgiveness.
I John 1:9 - "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness."
3. Enact the power of the will
II Timothy 2:22 - "Now flee from youthful lusts, and pursue righteousness, faith, love and peace, with those who call on the Lord from a pure heart." Psalm 101:3 - "I will set no worthless thing before my eyes."
4. Fill your mind with Scripture
5. Filter everything electronic
Get your parents to put passwords you don't have access to. Use "Covenant Eyes."
6. Develop Accountability
James 5:16 - "Therefore confess your sins to one another, and pray for one another, so that you may be healed."
7. Hate Sin
John Wesley said, "Give me a hundred men who hate sin and I will change the world."
Psalm 139:21-22 - "Do I not hate those who hate Thee, O Lord/And do I not loathe those who rise up against Thee? I hate them with the utmost hatred; they have become my enemies."